VOGUEchecklist

It's time to start planning an escape to distant shores. Source your holiday wardrobe and get an early summertime glow

Edited by JO HOLLEY





FACE VALUE

Protect your skin with an anti-ageing facial programme from Dr Ariel Haus. The non-invasive Triniti Plus method smooths fine lines and skin tone, as well as encouraging collagen and cell growth, so skin continues to improve for up to two months afterwards. That's our kind of facelift. *Drhausdermatology.com*

Pack mentality

Statement sunglasses, easy-breezy separates and dazzling swimwear...





A VINTAGE YEAR

If you're planning a trip to South Africa, make sure you fit in a visit to the picturesque Leeu Estate. Located between the mountains and the river, with spectacular views of the Franschhoek Valley, it's the perfect retreat for unwinding in breathtaking surroundings. The refurbished 19th-century manor house offers superb comfort in the contemporary-

classic, individually styled rooms and suites. Many have their own terraces, fireplaces and, of course, idyllic views. The spa – with an infinity pool and hydrotherapy area – offers expert massages and holistic treatments, while the fine-dining restaurant serves delicious cuisine and South African vintages from Leeu Collection's cellar, either in the dining room or alfresco on the garden terrace. Warning: you may never want to leave. Rooms from £540 per night. Leeucollection.com.